

## **Authentic Performance - Emotional Engagement for Musicians**

### Course Outline

This elective course is designed to bridge the worlds of acting and instrumental performance via the shared means of genuine expression and authentic delivery of the drama. This course draws inspiration from the pioneering work of Konstantin Stanislavsky and demonstrates how these concepts can be seamlessly integrated into the realm of music. As musicians, students will explore how adopting an actor's methodology can elevate their musical interpretation, infuse authenticity into their performance, and cultivate a fearless stage presence.

This course is open to all instrumentalists and serves as a valuable free elective, allowing you to choose when it best fits into your degree program. We have structured the course to provide a dynamic learning experience, combining traditional lectures with interactive, workshop-style group activities. Through these activities, you'll not only grasp the principles but also nurture your confidence and curiosity as a performer.

### Learning Outcomes

Upon completion of this course, students will:

- **Emotional Engagement:** Develop the capacity to emotionally engage with their music, whether in the solitude of the practice room or under the spotlight of a stage. Learn to harness their emotions as a powerful tool for musical expression.
- **Deep Interpretation:** Acquire advanced skills for crafting a deeply personal interpretation of musical pieces. Understand how to convey their unique artistic perspective through your performance.
- **Performance Anxiety Mastery:** Gain techniques to conquer performance anxiety and stage fright. Discover how to transform nervous energy into a source of inspiration and creative energy.
- **Audience Connection:** Explore the actor's techniques for forging a profound connection with the audience. Learn how to captivate and engage listeners, enhancing their appreciation of the music that artists perform.