

1. **Consistent Timing:** Always practice systematically and at a specific time.
2. **Rightful Beginnings:** Your first impressions of a piece should be both correct and musical.
3. **Focused Work:** When working, concentrate on a single element at a time.
4. **Group Learning:** Learn notes and chords collectively. If unfamiliar with the harmony, analyze chord structures through their intervals.
5. **Fingering Choices:** Opt for fingering that's both hand-friendly and musically appropriate. Once chosen, maintain that fingering.
6. **Expressive Memory:** Memorize the expressive elements as diligently as the notes themselves.
7. **Compare and Contrast:** Look for and study sections of music with similarities.
8. **Study by Phrases:** Engage with music in phrases or larger units rather than measure by measure.
9. **Effective Revisits:** If a mistake is made, only return to the start of that phrase, not the piece's beginning.
10. **Strategic Repetitions:** Practice with varied sections, taking frequent breaks in between.
11. **Conquer Gradually:** If a passage proves challenging, return to it in your next practice session.
12. **Prioritize Accuracy:** Aim for precision; ease will come naturally.
13. **Demanding First:** As a piece becomes familiar, start with its most challenging segments.
14. **One Element Focus:** Concentrate on refining just one musical element at a time, be it tone quality, legato, pedaling, etc.
15. **Mistake Handling:** Upon making an error, revisit that section slowly, ensuring both your last and first impressions are accurate.
16. **Structured Approach:** In each piece, address episodes based on a pre-determined structural analysis.
17. **Inner Freedom:** Allow your subconscious to guide your physical actions at the keyboard.
18. **Present Focus:** Stay in the moment, letting the musical narrative guide you rather than preemptively thinking of what's next.
19. **Memory Aid:** If you feel you're about to forget a part, shift your focus to the rhythm or the music's expressivity.
20. **Practice Memory Slips:** If you forget while practicing, promptly refer back to the score to understand the reason.
21. **Performance Memory Slips:** On stage, if a memory lapse occurs and improvisation isn't an option, resume from the next musical phrase.
22. **Mental Rehearsal:** When mentally revisiting a piece, "hear" its sound without naming notes, focusing consciously on expressivity for optimal results.

For further reference, I recommend exploring "Music by Heart", by Liliac MacKinnon